PRAYER OPPORTUNITIES

Mon, Tue, Wed, Thur, Fri 6:00pm Prayer
GBF Sanctuary & Facebook Live

Mon, Wed & Fri 5:30am Prayer
Conference Call Dial (712) 775-8971 Access Code 542193

Music Ministry Monday 8:00pm Prayer
Conference Call Dial (848) 777-1212 Access Code 646992

Tuesday & Thursday 6:00am Prayer - GBF Sanctuary

Men’s Tuesday 7:00am Prayer
Zoom Meeting ID 871 6900 6140 Passcode 769860

Ruth & Naomi Tuesday 10:30am Prayer
Conference Call Dial (425) 436-6363 Access Code 586112

Young Adults Wednesday 5:00pm Prayer
Zoom Meeting ID 997 9742 4371 Passcode 851793

1st, 2nd, 3rd & 4th Saturday 7:00am Prayer - GBF Sanctuary

THIS FAST...

Isaiah 58:6-7 (KJV)
“Is not this the Fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house?”

Week OF PRAYER & FASTING

JANUARY 7 THRU 12, 2024

SUNDAY - FRIDAY

Grace Bible Fellowship of Antioch
3415 Oakley Rd.
Antioch, CA 94509
(925) 522-2017
Website: gbfofantioch.org
Facebook: GBFofAntioch
Instagram: gbfofantioch
NEW YEAR FAST

Purpose: to draw God’s people closer to Him thru intensified fasting and prayer.

Isaiah 58:6-7 (KJV)
“Is not this the Fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house?”

Pursuit: to encourage all believers at Grace Bible Fellowship of Antioch to join us for a week of consecration and prayer.

Plan: to engage every church member to participate in the Fast at their particular level of spiritual maturity.

The levels are Beginners, Intermediate, and Mature.

Beginners:
- You will be expected to fast from 6am to 6pm.
- No meats, except one meal a day.
- No alcohol or cigarettes, and limit all unnecessary computer usage; only what’s necessary.
- Commit to at least 1 level of prayer a day.
- Attend a L.I.F.E. Class and the Fast Breakthrough Service.
- Commit to at least 1 hour of Christian music a day.

Intermediate:
- You will be expected to Fast from 6am to 6pm.
- No meats, and utilize a Daniel Fast (fruits and vegetables only) every other day until the Fast ends.
- No alcohol or cigarettes, and limit all unnecessary computer and TV usage; only what’s necessary.
- Commit to at least 1 level of prayer a day and an evening session if possible.
- Attend a L.I.F.E. Class, one S.P.R.E.A.D class, and the Fast Breakthrough Service.
- Commit to at least 2 hours of Christian music a day.

Mature:
- You will be expected to Fast from 6am to 6pm.
- No meats, and utilize a Daniel Fast (fruits and vegetables only) every other day until the Fast ends, and at least one day of an ABSOLUTE Fast.
- No alcohol or cigarettes, and limit all unnecessary computer and TV usage; only what’s necessary.
- Be willing to sacrifice something of choice: video games, shopping, Netflix, etc.
- Commit to at least 1 level of prayer in the morning and an evening session.
- Contact someone via the phone or in person and pray with them daily.
- Attend a L.I.F.E. Class, one S.P.R.E.A.D class, and the Fast Breakthrough Service.
- Commit to at least 2 hours of Christian music a day.

FRIDAY, JANUARY 12TH
FAST BREAKTHROUGH SERVICE
8:00PM, SANCTUARY

ALL IS EXPECTED TO ATTEND